



Miami-Dade County Public Schools
School Wellness/Healthy School Team Committee Action Plan

School Name & Location Number:	Marjory Stoneman Douglas Elementary 1371
Principal:	Mrs. Moraima Almeida-Perez
Phone Number:	(305) 226-4356
School Wellness/Healthy School Team Leader:	Mr. Angel Silva
School Wellness/Healthy School Team Committee Members: (please provide names for the following)	Brandon Chong (student) Angel Silva (administrator) Odalys Dominguez (food service manager) Vanessa Gordon (parent) Jacinto Joyas (school nurse) Agustin Hart (P.E. teacher) Yhovana Gordon (school volunteer)
Committee Meeting Dates:	9/21/23(EESAC meeting) 12/23(EESAC meeting) 3/24(EESAC meeting) 5/24(EESAC meeting)
ACTION PLAN	
School Wellness/Healthy School Team Goal: (Select all that apply)	<input checked="" type="checkbox"/> Nutrition <input checked="" type="checkbox"/> Physical Education <input checked="" type="checkbox"/> Physical Activity <input checked="" type="checkbox"/> Health and Nutrition Literacy <input checked="" type="checkbox"/> Preventive Healthcare
Steps to Achieve School Wellness/Healthy School Team Goal:	<p>Nutrition:</p> <ul style="list-style-type: none"> • Promote the free breakfast and good eating habits, especially as testing approaches • Provide healthy meals and snacks daily to students, faculty, and staff through the cafeteria <p>Physical Education:</p> <ul style="list-style-type: none"> • Fitnessgram Testing <p>Physical Activity:</p> <ul style="list-style-type: none"> • Circuit Training, One Mile Runs, Dance

	<p>Health and Nutrition Literacy:</p> <ul style="list-style-type: none"> • Bring awareness to the importance of proper nutrition to achieve optimal wellness and health <p>Preventive Healthcare:</p> <ul style="list-style-type: none"> • Wellway Wellness Program • Provide free health screenings available to students • Implement after school fitness activities for staff
<p>Sustainability Practices:</p>	<ul style="list-style-type: none"> • Posting environmental advocacy and educational flyers and information throughout the school • Monthly recycling challenges • Encourage the use of re-usable items such as water bottles
<p>Community Engagement:</p>	<ul style="list-style-type: none"> • Increase Superintendent’s 5K Run participation • Incorporate U of M Walk Safe curriculum together with MDSPD • Fire Safety Day with Miami Dade Fire Rescue • Increase business partnerships in the local area
<p>Monitoring and Evaluation:</p>	<ul style="list-style-type: none"> • Committee Meeting sign-in sheets • Walk Safe attendance • 5K Run registrations • Start the EESAC and social media advertisements earlier in the following school year • Have more organized meeting agendas and set times for the following year • Advertise more to increase future volunteers as we begin to project next school year
<p>Other Activities: If applicable, attach supporting documentation (e.g. event flyer)</p>	<ul style="list-style-type: none"> • Afterschool activities: flag football, basketball, running club